

PET MYOCARDIAL VIABILITY IMAGING-----PATIENT PREP INSTRUCTIONS:

1. Patients are to have a high carb diet 24 hours prior to the study.
2. Patients are to have a high glucose meal 1 hour to study, (such as pancakes with syrup and soda).
3. Patient relaxation is important. A patient sits quietly in waiting room for 60 to 90 minutes after FDG injection in complete relaxation without any activity. Excessive activity may compromise the outcome of the test.
4. **PATIENT NEEDS TO BRING PREVIOUS MRI, CT, ECHO, NUCLEAR SCAN, STRESS TEST RESULTS AND OR FILMS**